

# Medication Adherence Proportion of Days Covered (PDC)

## Measure Description

The percentage of members 18 years and older with a prescription for diabetes, hypertension, or cholesterol medication (a statin drug) who fill their prescriptions often enough to cover 80 percent or more of the time they are supposed to be taking the medication. The three measures are:

1. **Medication Adherence for Diabetes Medications:** Diabetes medications include biguanides, sulfonylureas, thiazolidinediones, dipeptidyl peptidase (DPP)-IV inhibitors, GLP-1 receptor agonists, meglitinides, and sodium glucose cotransporter 2 (SGLT2) inhibitors. Members who take insulin are not included.
2. **Medication Adherence for Hypertension (RAS antagonists):** Drug therapy for renin angiotensin system (RAS) antagonists: angiotensin converting enzyme inhibitor (ACEI), angiotensin receptor blocker (ARB), or direct renin inhibitor medications.
3. **Medication Adherence for Cholesterol (Statins):** To view Molina Healthcare's formulary, please visit our website at [www.MolinaHealthcare.com](http://www.MolinaHealthcare.com).

**Product Lines:** Exchange

## Ways Providers can Improve HEDIS® Performance

- Provide short and clear instructions for all prescriptions. Consider providing prescription instructions in both English and Spanish for Spanish-speaking patients.
- Encourage the patient to take medications at the same time of day. Encourage the use of a pillbox or a calendar to help patients to take them each day.
- Schedule follow-up or **telehealth** visits when prescribing a new medication to your patient within 30 days to assess how the medication works. Schedule this visit while your patient is still in the office.
- Adjust the timing, frequency, amount, and dosage, when possible, to simplify the regimen and consider offering a 90-day supply.
- Inform the patient of the benefits of taking the medication as directed and the importance of continued use. Make sure they understand the consequences of not taking the medication.

## Ways Health Plans can Improve HEDIS® Performance

- Review how Molina Healthcare's MTM Department can help improve adherence by providing pillboxes, medication synchronization, mail order prescriptions, local pharmacy delivery and transportation.
- Emphasize the benefits of taking the medication and the risks of not taking the medication. The benefits should outweigh the risks.
- Offer recommendations for adherence improvement:
  - Suggest the use of weekly or monthly pillboxes, smart phone apps with medication reminder alerts and placing medications in a visible area (in properly closed containers and safely out of reach of children or pets).
  - Instruct patients to contact their practitioner if they experience side effects. Discuss alternative medications when appropriate.
  - Encourage patients to enroll in auto-refill programs or utilize mail-order options.
- Enroll members in medication adherence vendor programs to encourage adherence.

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